



LEONARD F. ANGLIS, D.D.S.

IMPLANT AND RESTORATIVE DENTISTRY

Dedicated To Your Beautiful Smile & Building Your Immunity!!!

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The finest dentistry prevents problems, increases overall health, and boosts immunity from diseases! Our treatments and therapies for you will always reduce the inflammation inside your body and increase your immunities!

Our Continuing Education Update:

As you know, Dr. Leonard F. Anglis prizes education and its continuation above all else since it is our responsibility to offer all of you the best, most updated information! You deserve to understand and be aware of all treatment options.

Dr. Anglis has always been the leading expert in the most current treatment, and his goal to offer the newest and best care available!

Dr. Anglis just returned from yet another trip to Barcelona, Spain studying with the creator of zygomatic dental implants. These longer implants are utilized when our patients do not have enough bone and Dr. Anglis is seeking another bony area to secure implants successfully.

Our team has been re-certified and updated again on all CPR, OSHA, and HIPAA training. We are working hard every day to offer the best service possible to you!

The Top Three Reasons Why Cheap Dentistry Is Actually The Most Expensive Choice!

Cheap dentistry is readily available, yet it becomes the most costly in the long run since you must expend more time, energy, and patience---not to mention, additional funds-- to correct what failed inside your mouth when you made your selection based on price alone.

The first reason that your fee might be lower is due to the inexperience of the dentist. A new graduate can take a weekend course and begin placing dental implants on Monday. Do you really want to be the first or second patient that day? Most corporate dental offices set the fees for the new dentists, and patients are unaware of their lack of skills and expertise. Worse yet, they see a different dentist each time they go to the office. Or, patients are forced to "hop" from office to office for their care.

Dr. Anglis brings experience, talent, skills, and expertise to every procedure. Wouldn't you rather see the same doctor each time? Doesn't it comfort you to know that Dr. Anglis has successfully placed thousands of dental implants and has exceeded 3000 hours of continuing education, and has seen absolutely every single dental situation at this time? We hope that it does indeed comfort you and that your confidence in Dr. Anglis is renewed after each visit here!

The second reason that cheap dentistry fails is that quality dental implants, crowns, bridgework, and dental arch replacements are not utilized for your benefit. Instead, low-quality parts and pieces are used, and they do not work well.

We re-treat patients on an almost weekly basis whose initial dental care elsewhere has failed, so we really have seen it all!

Within our tropical dental resorts, Dr. Anglis works with the finest dental laboratories and their artists who create the most natural and attractive tooth



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replacements! Further, our offices are certified as Nobel BioCare All-On-Four Dental Implant Concept Centers of Excellence and ZAGA Centers of Excellence for Dental Implants in Northwest Indiana. The Nobel BioCare company warrants its framework and bars for ten years. Do not be fooled by offices that name-drop, but do not deliver Nobel BioCare products. There are too many of them to count!

The third reason that low-cost dentistry fails is because the supporting environment is lacking in either infection control, supplies, equipment, back-up equipment, or a poorly trained staff. Many times, the dentist and staff simply are not prepared for complications during treatment.

Dr. Anglis has worked side-by-side with Dr. Paulo Malo of Lisbon, Portugal for the All-On-Four Dental Implant System, and Dr. Carlos Aparicio of Barcelona, Spain for the ZAGA Implant System which utilizes longer implants for patients who have very little bone remaining on their upper arches. You will see other offices list these names, but they have not directly worked with them like Dr. Anglis has. At the printing of this newsletter, Dr. Anglis has traveled 16 times to Europe to study with the very best!

We believe that our team is the finest, and they are all veteran health care professionals! They know how to deliver the finest customer service and the most compassionate care to you!

We work hard to offer the very best infection control protocol for your safety. A handful of patients who have elected to be treated overseas to save money have returned with significant infections, and that is always a concern!

Further, Dr. Anglis believes that "one is none" and we have back-ups for all systems inside the office locations including generators! We never stop and we are always here for you!

Our dental fees are all-inclusive with no surprises and feature the very best care available! It's time to invest in quality dental care and to receive the returns that we all seek! We do not depreciate, and we need to make choices to enhance our appearance, function, and longevity!

Summer of 2025 Paint Colors!

It really is amazing that simply painting a room is one of the least expensive yet most dramatic improvements we can make for our homes!

Each year, there are standout colors to recommend to homeowners and realsimple.com has suggested these for 2025!

Earthy Greens -- These tones bring the outdoors into our homes and strike the perfect balance between moody and grounding. The shades of green feel fresh and when an entire room is painted green, it feels collected and cozy.*

As you know, green is the predominant color in our tropical resorts to promote health and healing!

Muddy Browns and Deep Reds -- These color selections embody the warmth and nostalgia of summer as they resemble sunbaked terracotta. This combination makes a room look rich and vibrant.

Soothing Blues and Grays -- Blues always remind us of the coast and relax us as we think of the



tranquility of the sea and the sky. These choices provide airy spaces to enjoy!

Creamy Whites -- Cream combined in the white paint makes our floral arrangements stand out and look better. This choice provides a peaceful setting for our homes.

Salmon Pinks -- When we choose warmer and less bright versions of a color, the room takes on a more sophisticated look. This color can be combined with a jungle green or peacock blue for a dramatic combination!

There's More Than Corn In Indiana!

That is so true, but we do love our fresh sweet corn and there is none better than ours!

We hope that you and your loved ones enjoy this sweet corn recipe!

Corn and Pasta Salad with Homemade Ranch Dressing

--Food Network Kitchen Ingredients

Ingredients:

- 4 ounces gemelli pasta
- 1 small garlic clove
- Kosher salt and freshly ground black pepper
- 1/3 cup reduced-fat sour cream
- 1/3 cup buttermilk
- 2 teaspoons cider vinegar
- 1 scallion, minced
- 2 small ears fresh corn
- 8 ounces grape tomatoes, preferably mixed heirloom, halved
- 1/4 small red onion, thinly sliced lengthwise
- 4 cups baby arugula
- 2 slices bacon, cooked until crisp in the microwave, and crumbled

Directions

- Cook the pasta in boiling salted water according to package directions; drain and run under cold water to cool.
- Meanwhile, finely chop the garlic clove on a cutting board; sprinkle with salt. Using the blade of a chef's knife, press down onto garlic, smashing it to make a paste. Add the garlic paste to a large bowl with the sour cream, buttermilk, cider vinegar and scallion; season with salt and pepper. Whisk the dressing until smooth and reserve.
- Cut the kernels from the corn (breaking sheets of kernels into about 2-inch pieces, if desired). Add the corn, tomatoes, onion and arugula to bowl with dressing; gently toss to coat. Sprinkle with the bacon.



Recipe retrieved from the Food Network website. Find out more about this recipe at: <https://www.foodnetwork.com/recipes/food-network-kitchen/corn-and-pasta-salad-with-homemade-ranch-dressing-recipe-2009035>



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Hello Friends,

As you can see by this photo, I am back at it with my beekeeping project this year! These little bees amaze me with their consistency and dedication to creating honey!

Like all of you, I am looking forward to a wonderful summer ahead! I have been busy in my vegetable garden as well! If the local deer do not eat all of my tomatoes, I am hoping for some delicious sauce soon!

Whenever we commit ourselves to focused work, we all enjoy the "fruits of our labors" that much more!

Thank you for making my life's work in dentistry so fulfilling each day! I am very grateful to serve all of you!

Truly,
Dr. Leonard F. Anglis



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